# Learning the Arrow of Time for Human Activity Recognition: A Study on 700,000 Person-days of Wearable Data

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#### Motivation

 Wearable devices allow us to monitor an individual's health and fitness continuously, potentially revolutionising

### **Downstream evaluation**

*Table 1.* Wrist-worn accelerometer datasets used to evaluate human activity recognition tasks

Dataset #Subjects #Samples #Labels Environment

After the AoT training has converged on the UK-biobank. We evaluated the network on four downstream benchmark datasets in both lab and freeliving environments.

#### personalised medicine.

- Wearable devices' noninvasive and highly scalable nature is good for largescale population health and epidemiological studies (Willetts et al., 2018).
- Lack of labelled datasets like the ImageNet makes deep-learning models inferior to models that are based on hand-crafted features
- Self-supervised-learning (SSL) could potentially utilise large-scale unlabelled dataset like the UK-biobank (Doherty et al., 2017)

#### Methods

100K	-	-	free-living
152	573K	5	free-living
55	36K	13	lab
8	2869	8	lab
4	3882	4	lab
	100K 152 55 8 4	100K - 152 573K 55 36K 8 2869 4 3882	100K       -       -         152       573K       5         55       36K       13         8       2869       8         4       3882       4

### Results

Table 2. F1 and Kappa ( $\kappa$ ) for downstream human activity recognition tasks (mean  $\pm$  SD)

	Data		Random forest	From scratch	SSI fine-tune linear	fine-tune all
	Capture-24	$F1  \kappa$	$.559 \pm .010$ $.493 \pm .007$	$.625 \pm .018$ $.545 \pm .022$	$\begin{vmatrix} .664 \pm .014 \\ .583 \pm .014 \end{vmatrix}$	$.663 \pm .019$ $.581 \pm .013$
,	Rowlands	$F1  \kappa$	$.835 \pm .018$ $.852 \pm .016$	$.836 \pm .022$ $.820 \pm .027$	.846±.031 .835 ±.031	$.884 \pm .026 \\ .880 \pm .027$
	PAMAP2	$F1  \kappa$	$.771 \pm .084$ $.756 \pm .091$	$.550 \pm .076$ $.545 \pm .086$	$\begin{vmatrix} .741 \pm .046 \\ .725 \pm .055 \end{vmatrix}$	$\begin{array}{r} .807 \pm .056 \\ .786 \pm .060 \end{array}$
	OPPORTUNITY	$F1  \kappa$	$.456 \pm .129$ $.347 \pm .137$	$.401 \pm .084$ $.236 \pm .085$	.579 ± .031 .468 ±.033	$\begin{array}{r} .637 \pm .013 \\ .519 \pm .045 \end{array}$

- SSL model fine-tuned on all layers is the best on three out of four datasets.
- Biggest performance boost was observed on a small dataset with only four subjects.
- When pre-train data and downstream data is similar, fine-tuning linear layers yields better outcome.



## Fig 1: Example of forward and backward time flow

ResNet V2 with 18 layers on 700,000 person-day of wearable data (UK-biobank)



- Performance gain diminishes exponentially w.r.t. the size of pre-train dataset.
- One does not see an obvious downstream performance improvement after the pretrained model has converged.

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- Task: Discriminate the arrow of time (AoT) in 10-second segment
- Weighted sampling: weighted sampling based on SD of each segment
- **Positive example ratio**: when the ratio of positive examples is greater than .5, it is easier for the model to converge

large-scale pre-training dataset.

We have developed a robust

**Discussion** 

lacksquare

The representation generalises well to an array of downstream applications.

representation for wearable data using a

 The fine-tuned model consistently beats random forest baseline and the network trained from scratch.

In the future, we will investigate what is be learnt and how to extend AoT from segment level to sequence level.

#### **References:**

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